

Clinic Packages with Ylvie Fros in 2018

As I prefer to work with the same organizers and the same students more often, I like to give some discount to those who commit to have more clinics per year. For those, I have the following packages to offer, which include a structure beyond the scope of one weekend. Building up theory and practice from one weekend to the next with homework for the participants in between.

Basic course in the Academic Art of Riding

A good start with the Academic Art of Riding by covering basic theory & exercises in 3 weekends

This course consists of three 1.5 day AR clinics. Preferred is to have a 'core group' of the same participants, but some variation in the participants is OK. I will offer a thorough structure in the weekends in theory and in homework exercises. We start with the basic groundwork and built it up from there. At the first weekend we set individual goals for the participants. Up to 7 persons we work privately. >7 we work in small groups.

Number of participants: max. 12 with horse.

The price for an AAO basic course is €3750. Which is €1250/weekend excl. VAT.

Masterclass package Academic Art of Riding

For those aspiring to develop themselves and their horses to a higher level

In this masterclass, there are also the three 1.5day AR clinics in a year. But for this group, we assume the basics are there and that we can build from there. So I expect participants to at least be able to demonstrate the shoulder-in and travers in groundwork and have a basic seat in riding. Preferred is to have a 'core group' of the same participants, but some variation in the participants is OK. I will offer a structure in the weekends in theory and in homework exercises. We assess the level at the first clinic and set individual goals for the participants.

Number of participants: max. 7 with horse.

The price for an AAO masterclass is €3750. Which is €1250/weekend excl. VAT.

Masterclass Seat & Body awareness

For those aspiring to develop their seat and awareness

In this masterclass, there are three 1.5 day seat clinics. In these 3 weekends, I take the participants through all aspects of the seat, starting with basic position and movement and then up to transitions, half-halts, use of reins and legs, turns and side movements (depending on the level of horse and rider). Preferred is to have a 'core group' of the same participants, but some variation in the participants is OK. I will offer a built up in the weekends in theory and in homework exercises. At the first weekend we set individual goals for the participants.

Number of participants: max. 7 with horse.

The price for a seat masterclass is €3750. Which is €1250/weekend excl. VAT.

Lesson weekend package

3 times a year a weekend with no theory, just lessons!

Each participant gets 3 lessons per clinic, 3 times in the year. This ensures I see a student regularly and can give homework between weekends. Lessons are 45 minutes/lesson private.

Length: 1.5 day clinic.

Number of participants: max. 7 with horse.

The price for a lesson weekend package is €3750. Which is €1250/weekend excl. VAT.